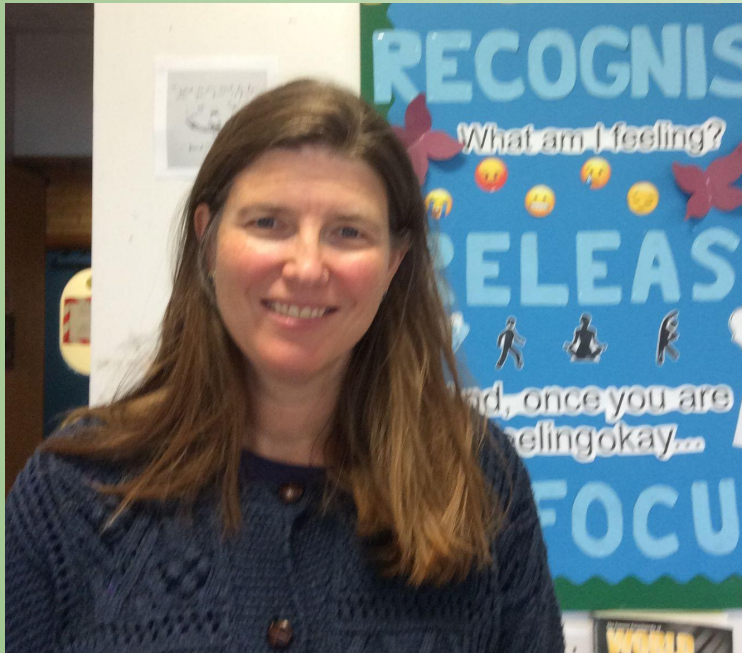




Mrs Saadatzaheh

Deputy Senco and Asdan Teacher



**Lessons: Monday and
Wednesday**

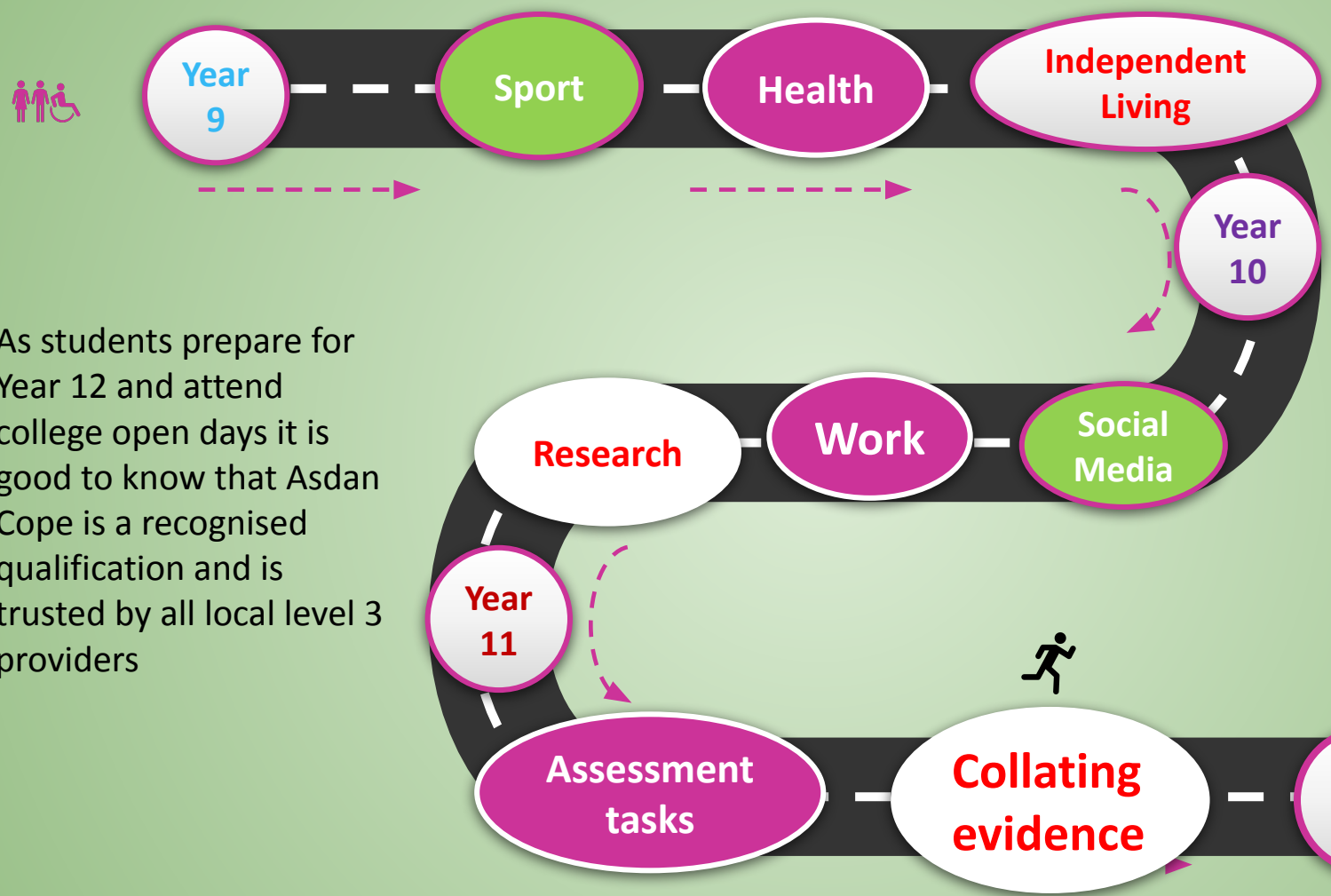
**Catch up drop in and
interventions: by
appointment**

emmasaadatzaheh@varndean.co.uk

Asdan Certificate of Personal Effectiveness



The three year journey started in Yr 9, pre-covid.....



In years 9 and 10 students practise assessed skills as they work through a series of challenges

As students prepare for Year 12 and attend college open days it is good to know that Asdan Cope is a recognised qualification and is trusted by all local level 3 providers



	Year 9	Year 10	Year 11
UNIT- Learning Cycle 1	Module 3 Sport and Leisure	Module 1C 10 hours Investigate the use of social networking sites PLUS MODULE 3C 10 hours	Working with others: <ul style="list-style-type: none"> ● Raise money for a good cause/run a community event 2B ● Run a sporting competition ● Set up a board game championship Improving Own Learning: <ul style="list-style-type: none"> ● Learn to speak basic Spanish (or other language)
UNIT- Learning cycle 2	Module 7 Health and Fitness First Aid Course 7B1 (Plus ILP)	Module 2 Citizenship and Community	Research: <ul style="list-style-type: none"> ● Investigate the use of social networking sites ● 3C Investigate occupations in the leisure industry or 7C Health Sector Discussion: <ul style="list-style-type: none"> ● 12C A moral issue currently in the media
UNIT- Learning Cycle 3	Module 4 Independent Living 4C Independent Learning Project	Module 8 Work related Learning and Enterprise 4C Independent Learning Project	Problem solving <ul style="list-style-type: none"> ● 8B1 I have to find a work experience placement/volunteering placement ● 4C I have to plan and cook healthy meals for my family but I only have a £10 budget Oral Presentation <ul style="list-style-type: none"> ● Present the results of research

Asdan COPE (Certificate of Personal Effectiveness)

There are 6 assessed skills in this qualification.

- Working with others
- Improving learning and performance
- Research
- Oral presentation
- Discussion
- Problem solving

All projects are completed in curriculum time and at home.
There is NO exam but classwork must be completed in order to achieve the qualification.



12 Credits



There are 12 modules and students need to complete a total of 120 hours work in order to achieve the qualification. In Year 11 the focus is on collecting evidence of this.

This may include evidence of work experience and/or volunteering, leisure activities e.g. football or going to the gym and educational visits.

What can you as a parent/carer do?

ASK

SUPPORT

ENCOURAGE

Challenges that can be done at home....

Language learning

Cooking/housework

A record of sports activities

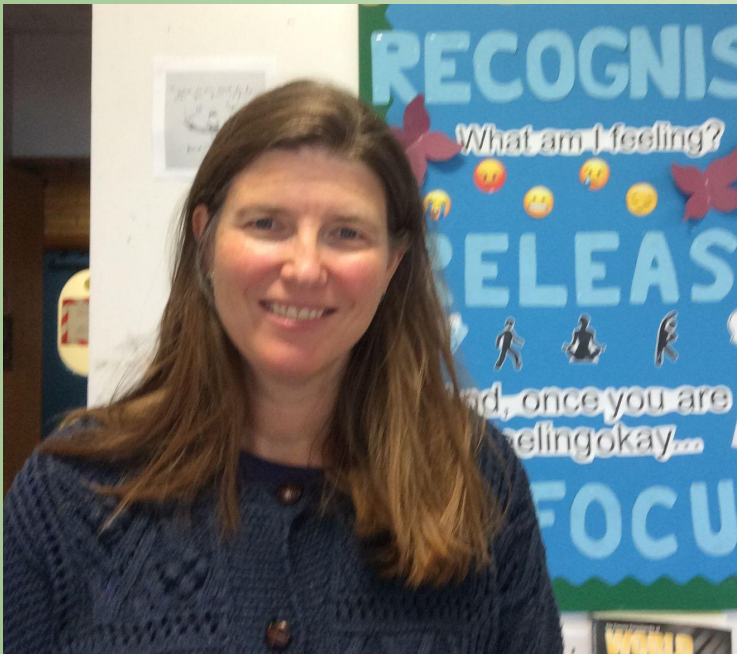
Educational visits

Work experience e.g. babysitting or DIY

Please contact me emmasaadat zadeh@varndean.co.uk for personalised advice as every students' journey and requirements are different.



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Deputy Senco and Asdan Teacher



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