



Thursday, 20 June 2019

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For distribution to schools and nurseries across Brighton and Hove

### **Measles cases in Brighton and Hove**

There have been 5 confirmed cases of measles in the local community.

Further to the recent letter you received from Public Health England about measles, we would like to clarify the advice given and apologise if there has been any confusion.

Children identified as **close contacts** of a case may be offered an additional or early dose of vaccine. **If this applies to you, you will be contacted directly.**

Otherwise, **you do not need to make any changes to your normal activities, and your child only needs to be up-to-date with the routine schedule**, as below.

- The first dose of MMR should be given at 12-13 months
- The second dose should be given from 3 yrs 4 months.
- Please note MMR vaccination can **only** be given from 6 months of age.

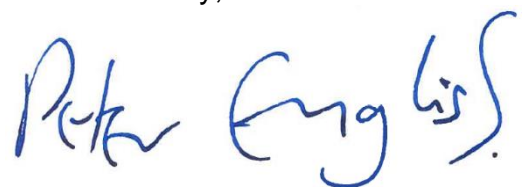
Please contact your child's GP if your child is not up to date with their MMR vaccination. If we are made aware of a case of measles at your school or nursery, then further advice will be provided by the Health Protection Team.

### **Are you going on holiday abroad?**

There is a higher risk of catching measles if you are travelling to a high risk area (see <https://travelhealthpro.org.uk/news/378/measles-reminder>). If not already vaccinated, please contact your GP practice to request the MMR vaccination if you are planning to travel abroad.

Your child may need further MMR doses to ensure they are adequately protected in line with the routine UK Vaccination Programme if you are travelling abroad to a high risk area.

Yours faithfully,

A handwritten signature in blue ink that reads "Peter English". The signature is written in a cursive style with a period at the end.

Dr Peter English  
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Consultant in Communicable Disease Control  
Public Health England South East